Since its founding in 1977, Interval House has been deeply dedicated to preventing and breaking the cycle of family and intimate partner violence. Our 20-bed safe house protects victims and their children. Our direct services in support of them, give our clients the freedom to become survivors. In addition to our safe house residents, we serve Hartford and its surrounding 23 towns working with literally thousands to whom we offer support services and advocacy. Their journeys through our case management take them from safety planning, counseling, support groups, helpful referral services to extraordinary court advocacy that helps them construct a life of their choosing. It is all of this work together that brings our victims to survivorship and finally to the place where they thrive.

Our collaborations with community agencies, local police departments, every facet of the court environment and our network of support services are all effective in helping a family break their cycle of violence. It is our commitment to community education that leads us to prevention of violence in the home and the creation of healthy, nurturing relationships.

Interval House has a remarkable staff and many have been with us for decades. I thank them for their tireless dedication to our clients. I also thank the many others that support us in this work. Without your contributions -- in all its varieties -- our ability to protect those in crisis, serve those in need and walk them into their new lives would not be possible. A profound and heartfelt thank you.

How We Are Funded

Mary-Jane Foster
President & CEO

— Saving Lives...Giving a Voice...and Changing the Future... Since 1977—
Mission Statement
Interval House is dedicated to providing services to prevent and break the cycle of family and intimate partner abuse. We strive to reach all persons at risk and bring about social change.

Services and Programs

For Fiscal Year 2015-2016

- Total Clients Receiving Direct Services: 3,914
- Total Hotline Calls: 4,504
- Women and Children Sheltered: 241
- Safety Planning Services: 6,006
- Advocacy and Support Services: 14,011
- Community Education and Trainings: 10,519

Interval House Hotline: 860-527-0550
Statewide Hotline: 1-888-774-2900
Para Español: 1-844-831-9200

A complete list of services can be found online at: intervalhousect.org

Interval House - P.O. Box 340207 - Hartford, CT 06134-0207