INTERVAL HOUSE

DOMESTIC VIOLENCE PREVENTION EDUCATION

Our educators provide age appropriate and culturally reflective education on the areas of domestic violence, teen dating violence, healthy relationships, self-love, and emotional wellness.

TEEN & YOUNG ADULT EDUCATION

Teen Dating Violence (Ages 13+)

Supports teens in understanding TDV facts, types of abuse, healthy/unhealthy relationship qualities, and accessing supports/resources for themselves or a friend who may be experiencing abuse.

Love Labyrinth (Ages 15+)

In this OneLove presentation we use a short film and discussion to explore how unhealthy/emotionally abusive behaviors like gaslighting and volatility can make someone feel like they're trapped in a maze and unable to get out.

Consent & Boundaries (Ages 11+)

Educates youth on the core concepts of consent and explores personal boundaries as they relate to self-love and values.

Self-Love & Boundaries

Encourages youth to look inward through understanding ways to increase self-love and personal care.

OFFLINE: How to stay human in the digital age

Asks youth to look at the pros and cons of communicating through technology, understanding cyberbullying, online stalking, digital boundaries, explicit imagery, and how/when to reach out for support.

The Up's and Down's of Friendships

Supports youth in understanding healthy/unhealthy friendship qualities, identify and name abuse, and access supports.

INTERACTIVE WORKSHOPS (Ages 11+)

Besties: Friendship Bracelet Making

The crafting of bracelets along with guided questions creates a safe place for youth to talk about healthy and unhealthy friendships.

Show Love: Button & Sign Making

Youth create buttons or signs that campaign (and or protest) their beliefs around healthy and unhealthy dating relationships.

TDV Workshop Series

These series are intended to be participant/youth-lead workshops guided by trained Interval House staff.

Core learning objectives may include:

- Types of Abuse (physical, verbal/emotional, sexual, digital, stalking)
- Healthy and Unhealthy Relationship Traits
- Boundaries & Consent
- Self-Love & Care
- Identifying and Accessing Support

These open format sessions incorporate guided questions, games, activities, and video to create a collaborative learning experience that is driven by participant engagement.

Themed Specials ★

Let's work together to create a presentation or workshop just for your group. Past themes include Mean Girls, High School Musical, Sip N' Spill Tea Time, Wicked, workforce readiness and more!

READY TO SCHEDULE AN EVENT

By meeting youth "where they are" we honor their voice, interests, knowledge, and discernment while educating them on the fundamentals of healthy relationships.

COACHING BOYS INTO MEN

A program of Futures Without Violence, Coaching Boys Into Men (CBIM) is the only evidence-based violence prevention program that trains and motivates coaches to teach their young male athletes healthy relationship skills, mental health practices, and that violence never equals strength.

Interval House Community Conveners are trained CBIM Advocates that can train and guide your organization.

LEARN MORE

READY TO PARTNER...

- Presentations can be modified to meet organizational and demographic needs.
- Free of cost to organizations in our service area.
- Virtual and in-person offerings available.

WE OFFER A RESOUCE TABLE FOR COMMUNITY EVENTS

PROFESSIONAL DEVELOPMENT & ADULT ED.

DV for Healthcare Professionals

Covers DCF reporting, mental health consequences, Indirect/direct injuries and best practices to support survivors.

Domestic Violence 101

A general overview of DV and its effects on survivors.

DV Workplace Impact

Abuse can impact a survivor's ability to maintain employment. We aim to increase the awareness of employers to aid in creating a supportive and responsive workplace environment.

Teen Dating Violence: Community of Concern

Outlines the facts and signs of TDV and how to support teens in your community/workplace.

Youth start dating at 11 years old, we encourage staff and caregivers to start the conversation on healthy relationships early.

★ **Do you work with youth and adults?** Ask about our **Duel TDV Presentation**

LET'S CONNECT!

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Together we can Break The Cycle and End Domestic Violence!

INTERVAL HOUSE
working to end domestic violence